

Outdoor Recreation Summer Excursions

The Outdoor Recreation Division has a full calendar of excursions tailored to meet the needs of all skill levels, including beginners. All dates are single day trips. Children must be accompanied by an adult. Private-group trips are available by reservation. To register by credit or debit card call 972-1151. For more information contact the Outdoor Recreation Division at 972-1235 or david.griffin@rockymountnc.gov

All Ages

Canoe Quickies

Join the Outdoor Recreation Division for a Wednesday evening “quickie” canoe trip on a local waterway, perfect for families, beginners or seasoned paddlers looking for their weekday paddling fix. Transportation, guides, equipment and canoes provided.

5:50 pm-9 pm.

\$20 per participant, \$30 for two.

Registration deadline is one week prior to the event.

May 20, Lamon’s Ferry (Halifax Rd) to Nashville Rd

June 3, Nashville Rd to Sunset Park

June 17, Battle Park to Neville Lane (just off Leggett Rd)

July 8, Neville Lane (just off Leggett Rd) to Hwy 97

July 22, Lamon’s Ferry (Halifax Rd) to Nashville Rd

August 5, Battle Park to Neville Lane (just off Leggett Rd)

August 19, Neville Lane (just off Leggett Rd) to Hwy 97

Coastal Kayak Excursions

Select a day to explore the coastal waters of NC with the summer sun on your shoulders. Trips are single day excursions, departing from Rocky Mount in the early morning and returning the evening of the same day. Transportation, guides, equipment, kayaks, and lunch provided.

Registration deadline is one week prior to the event.

\$40 per participant, \$65 for two

Drum Inlet Kayak Trip

Venture to one of the last undeveloped areas of the Carolina coast.

May 30, 6a – 9p

Shackleford Banks Kayak Trip

Sand dollars, wild ponies and dolphins have all been viewed on past trips to “Shack”.

June 20, 6a – 7p

Historic Bath Kayak Trip

AAARRGGGHHHH! Paddle the waters Blackbeard called home.

July 18, 6a – 5p

Cape Lookout Kayak Trip

Venture to the shores of Cape Lookout and enjoy views of its black-diamond lighthouse.

August 1, 6a – 9p

Historic Edenton Kayak Trip

See the three century old village from the water.

August 15, 6a – 5p

Rocky Mount to Tarboro Kayak Trips

Explore the Tar River as it winds from Rocky Mount to Tarboro. We are splitting the 22 mile trip over two dates. Trips are single day excursions, departing from Rocky Mount in the morning and returning the evening of the same day. Transportation, guides, equipment, kayaks, and lunch provided. Registration deadline is one week prior to the event.

\$40 per participant, \$65 for two

Leggett Rd to Dunbar

High banks and rural scenery mark the 9.5 miles of the trip.

May 2, 9a-4p

Dunbar to Bell's Bridge

Prehistoric shell banks and sand bars denote the 12.5 mile paddling excursion.

June 6, 9a-5p

Senior Adult Outdoor Excursions (Ages 55+) In cooperation with the Senior Center

Tar River Reservoir Kayak Trip

Enjoy a relaxing morning paddling the reservoir, then stop for lunch on the City's camping platform.

May 21, 9a-1p

Outdoor Recreation Group Packages

The following Outdoor Recreation packages are available and can be customized to meet the needs of your group. No outdoor skills required, we specialize in making sure beginners have a great experience!! All water based and ropes course programs are for ages 12+. Youth under 12 require a higher youth:adult ratio. Climbing programs are for ages 14+. All programs are based on 8-12 participants unless otherwise noted.

Tar River paddling trip (up to 18 part., add \$15 for each over 12)

5 hours \$160 Includes: canoes, instructor guides, shore lunch

Sea kayak day trip (Coastal NC, location may vary)

14 hours \$325 Includes: kayaks, instructor guides, shore lunch, transportation

Ropes Course (either low or high)

5 hours \$200 for the first 10, \$15 each thereafter (min of 10, max of 20)

Includes: instructor, equipment

Ropes Course (low and high) *Our high course is available day and night!!*

8 hours \$400 for the first 10, \$15 each thereafter (min of 10, max of 20)

Includes: instructor, equipment and meal

For more information or to reserve a trip, contact Outdoor Recreation Coordinator David Griffin at (252) 972-1235 or david.griffin@rockymountnc.gov

Tar River Paddle Trail

Explore the 55+ miles of the Tar River Paddle Trail. The Parks and Recreation Department maintains a dozen public access locations and two camping platforms. Paddle trail maps and canoe rentals are available at Sunset Park (in season) and Steve's Bicycle Shop.
<http://www.rockymountnc.gov/parks/trails.html>

Denton Street Pool Opens May 23, 2009

Pool hours may be effected by water conservation regulations.

Entry fee \$2 per participant – everyone that enters must pay

Early Season May 23 - June 5 and Late Season August 17 – September 7

Tuesday and Thursday

5:30pm – 7:30pm

Saturday

1:00pm-3:00pm Open swim session 1

3:30pm-5:30 pm Open swim session 2

Sunday

1:00pm-3:00pm Open swim session 1

3:30pm-5:30 pm Open swim session 2

Closed Monday, Wednesday and Friday

Summer Season

Monday-Thursday

1 pm-3 pm Open swim session 1

3:30pm-5:30 pm Open swim session 2

Friday

1 pm-3 pm Open swim session 1

Saturday

1 pm-3 pm Open swim session 1

3:30pm-5:30 pm Open swim session 2

Sunday

3:30pm-5:30 pm Open swim session 2

Evening Swim

Wednesday and Saturday 7 pm -9 pm

Swim Lessons

\$25 per swimmer

Session 1A, June 15-June 25, 9a-10a, Ages 6-14

Session 1B, June 15-June 25, 6p-7p, Ages 6-Adult

Session 2A, July 13 –July 23, 9a-10a, Ages 6-14

Session 2B, July 13 –July 23, 6p-7p, Ages 16-Adult

Session 3A, July 27- August 6, 9a-10a, Ages 2-6, **ADULT MUST GET IN WATER WITH CHILD**

Session 3B, July 27- August 6, 6p-7p, Ages 6-Adult

Sunset Park Opens May 23, 2009

Hours of operation are 1 pm until dark daily.

Park Amusements and spray play are available for \$1 per person

Spray Play operational hours may be effected by water conservation regulations.

Sunset Park Party Packs

Sunset Party Packs are available, in season, Monday through Saturday from 9 am to 11am OR 11am to 1pm. Party packs include exclusive use of: Picnic tables, group train rides, group carousel, group apple rides and unlimited spray play time. The fee for up to 40 participants is \$90; additional participants are \$2 each. Party Packs are available via reservation, first come, first served, non-residents fees apply.

Spray Play operational hours may be effected by water conservation regulations.